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SA19 Talamanca SA19

of hygiene, and the universal negligence of the sick, on the part of the well, all contribute to shorten the average lifeterm of the people, so that very few old men or women are to be found, and the mortality is so great among the young that the deaths more than counterbalance the births. Unless some great change takes place, the whole of the tribes of Talamanca will have disappeared within two or three generations more. The Tiribis, who like the others have strict rules about marriage, within certain degrees of consanguinity, are now so reduced that several young men and women are to-day forced to remain unmarried for want of proper mates sufficiently removed in relationship. But at the beginning of this century they were powerful enough to give battle to the Bri-bris. The Changinas and Shelabas have disappeared and the fate of the other tribes requires no prophet to foretell.

Physically, the people of all the tribes bear a strong resemblance to each other. They are of short stature, broad shouldered, heavily built, full in the chest, with well-formed limbs, and well muscled throughout. Their color is similar to that of the North American Indians, or, if anything different, perhaps a little lighter. There seems to be but little, if any admixture of foreign blood among them. Their history would hardly lead us to expect it. They have lived very exclusively, and it has hardly been half a century since they have ceased to live in a state of open war with all intruders from the coast side. The Spanish occupation closed so disastrously over a century and a half ago, was of too short duration, and and the whites were too few, to make a permanent impression on a then populous country.

The following measurements taken from my servant, a full grown man, who is not more than an inch, if so much, under the average height, will give a fair idea of their build. He measures in height, 5 ft. 1½ in., circumference of chest, under the arms 35¾ inches; of hips 34 inches, of waist 33½ inches, length from axilla to tips of the fingers, 24½ inches; leg, from the groin to the ground, 29 inches. Both sexes are marked by an almost perfect absence of hair from all parts of the person except the head; where there is a dense growth of coarse, straight black hair. This the women plait with considerable taste. The men wear theirs cut moderately long and of an even length all round; or a few retaining an older fashion, have it a little over a foot long, apparently its entire natural length, and either let it stream loosely over the shoulders, gather it into two plaits, or twist it into a roll, bound with a strip of matate, and coiled at the back of the head in a round flat mass.

The breasts of the women are not conical, as occurs with many, if not most of the Indian races; but are fully as globular as those of the European or African. Nor are they directed laterally. They are not generally large, though some marked exceptions occur to this rule. But they have one strongly marked peculiarity. The entire areolar area is developed into a globular protuberance, completely enveloping and hiding the nipple. The development of this part begins with, almost